



## **PSHE Intent Statement**

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. Our PSHE curriculum promotes the spiritual, moral, cultural, mental and physical development of all pupils at Norden Community Primary School and prepares them for opportunities, responsibilities and experiences of later life.

We use the 3 Dimensions scheme of work to deliver our PSHE curriculum. 3 Dimensions also covers all aspects of Relationships and Health Education in an age-appropriate way; it has been mapped out so that there is a clear progression from Early Years to Year 6. Substantive knowledge in PSHE is a thread throughout each core themes of Health and Wellbeing, Relationships and Living in the Wider World. Disciplinary knowledge runs through the scheme and is shown in the children's interpretation of themselves and how to support themselves and others through changes. Children with SEND access the curriculum year band that best meets their individual needs.

Sex and sexual relationships is not taught at Norden Community Primary School therefore RSE (Relationships and Sex Education) is referred to as RHE (Relationships and Health Education). Our focus is on teaching the fundamental building blocks and characteristics of positive relationships with particular reference to friendships, family relationships, and relationships with other children and with adults.

As well as teaching PSHE, we encourage our pupils to participate in a wide variety of activities, enabling them to make significant contributions to both life in school and within the wider community. This allows them to become aware of their knowledge and talents, develop their self-worth, learn to work as part of a team and take greater responsibility for their own learning. In doing so, they are able to reflect and evaluate on how they are making progress. We ensure we equip the children with the appropriate vocabulary to be able to fully express themselves.

Our children's wellbeing is at the heart of our teaching of PSHE. We aim to help our pupils to develop and demonstrate skills and attitudes that will allow them to participate fully, and contribute positively, to life in modern Britain. Pupils learn to respect similarities and differences between our diverse cultures in order to build successful and meaningful friendships and relationships that are vital to the world we live in.