

# **NORDEN COMMUNITY PRIMARY SCHOOL**

## **RELATIONSHIPS AND HEALTH EDUCATION (RHE) POLICY**

### **OVERVIEW**

The focus in our school will be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.

### **INTENT**

1. To teach pupils about what a relationship is, what friendship is, what family means, the diversity of families and who the people are who can support them.
2. To base our Relationships Education on the DfE guidelines for teaching relationships and health education (September 2019).
3. To ensure that content is age appropriate and developmentally appropriate.
4. To teach about Relationships Education sensitively and inclusively, with respect to the backgrounds, circumstances and beliefs of all pupils.
5. To ensure that teaching about relationships is complemented by development of personal attributes e.g. integrity, generosity, and honesty.
6. To take account of the SEND Code of Practice when planning for relationships.
7. To create the opportunity to enable pupils to be taught about positive emotional and mental wellbeing, including how friendships can support mental wellbeing.

### **IMPLEMENTATION**

1. There is a lead teacher for Relationships Education who will oversee the policy and guidelines, teaching and learning (Mrs Hexter from April 2021)
2. Teaching about families will be based on knowledge of pupils and their circumstances and recognise that families of many forms provide a nurturing environment for children.
3. Care will be taken to reflect that some children may have a different structure of support around them; e.g. looked after children or young carers.
4. Teachers will ensure that the delivery of the content is made accessible to all pupils, including those with SEND.
5. Pupils will be taught how to take turns, how to treat each other with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving, and the concept of personal privacy.
6. Pupils will be taught about establishing personal space and boundaries, showing respect and understanding the differences between appropriate and inappropriate or unsafe physical, and other, contact.
7. Respect for others will be taught in an age-appropriate way, in terms of understanding their own and others' boundaries in play, in negotiations about space, toys, books, resources.
8. Teachers will talk explicitly about the features of healthy friendships, family relationships and other relationships which young children are likely to encounter.
9. The principles of positive relationships also apply online and teachers will address online safety and appropriate behaviour.
10. Through Relationships Education our school will teach pupils the knowledge they need to recognise and to report abuse, including emotional, physical and sexual abuse.
11. We will consult with parents when developing policy and guidelines for Relationships Education.
12. The policy and guidelines will be agreed by the Governing Body, published on the school website and kept under review.

**IMPACT**

This policy will ensure that our school is conscientious and successful in promoting good relationships through the curriculum and extra-curricular activities. The policy will take account of the requirements on schools in law including The Equality Act 2010 and it will be used in conjunction with all other relevant school policies.

**Appendices**

Appendix A – Curriculum content

Rachael Bentham March 2021

Approved by the Governing Board March 2021

## Appendix A – 3 Dimensions Scheme of Work

### Foundation Stage

As a prime area of the Early Years Curriculum, PSED (Personal, Social and Emotional Development) is known to be a vital part of Early Learning. All key areas of the Early Years PSED curriculum are covered in creative and innovative ways within the Early Years Nursery and Reception 3D PSHE programme. Modern British values are embedded, both implicitly and explicitly within the teaching resources, so that, from a very early age, children are being taught the importance of tolerance, democracy, respect and rules and responsibilities.

### KS1

We have used what the ©PSHE Association have identified as the core areas, covering key concepts and skills that underpin PSHE Education to help primary schools exceed their statutory responsibility to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life.

Along with a major focus of school inspections on Personal Development and Behaviour and Attitudes, and a requirement to prepare pupils for their future in the 21st Century, 3D PSHE will help pupils develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain. Pupils will also be taught through three underlying core themes, within which there will be broad overlap and flexibility:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

### KS2

Together with a major focus of school inspections, 'Modern Britain', 3D PSHE will help pupils 'develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain'. Pupils will be taught about:

- Health
- Healthy Lifestyles
- Hygiene
- Changing and Growing
- Emotions
- Safety
- Communication
- Bullying
- Fairness
- Family and Friends
- Rules and Responsibilities
- Communities
- Economic Awareness
- Nutrition and Food
- Aspirations
- First Aid
- Collaboration
- Similarities and Differences
- Healthy Relationships
- Diversity
- Discrimination
- Enterprise