



PSHE Policy

INTENT

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. Our PSHE curriculum promotes the spiritual, moral, cultural, mental and physical development of pupils at Norden Community Primary School and prepares them for opportunities, responsibilities and experiences of later life.

We use 3 Dimensions to deliver our PSHE curriculum. 3 Dimensions is a scheme of work that covers all aspects of PSHE in an age-appropriate way; it has been mapped out so that there is a clear progression from Early Years to Year 6. Substantive knowledge in PSHE is threaded throughout each core theme – Health and Wellbeing, Relationships and Living in the Wider World. Disciplinary knowledge in PSHE are the social and emotional skills acquired, and the interpretation of themselves and how to support themselves and others through changes. Children with SEND access the curriculum year band that best meets their individual needs.

Sex and sexual relationships is not taught at Norden Community Primary School therefore RSE (Relationships and Sex Education) is referred to as RHE (Relationships and Health Education). Our focus is on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.

As well as teaching PSHE, we encourage our pupils to participate in a wide variety of activities, enabling them to make significant contributions to both life in school and within the wider community. This allows them to be aware of their skills and talents, develop their self-worth, learn to work as part of a team and take greater responsibility for their own learning. In doing so, they are able to reflect and evaluate on how they are making progress.

IMPLEMENTATION

1. There is a lead teacher for PSHE who oversees the policy and guidelines, teaching and learning.
2. Teaching about families is based on knowledge of children and their circumstances and recognise that families of many forms provide a nurturing environment for children.
3. Care is taken to reflect that some children may have a different structure of support around them; e.g. looked after children or young carers.
4. Teachers ensure that the delivery of the content is made accessible to all children, including those with SEND.
5. Teachers use the 3 Dimensions Scheme to teach children the substantive and disciplinary knowledge which enable children to:
 - Live healthy lifestyles
 - Address personal hygiene
 - Develop an awareness of changing and growing
 - Deal with different emotions in an appropriate way
 - Keep safe
 - Communicate well with others and work as a team
 - Define, identify and know how to respond to bullying
 - Know where and how to seek help when needed
 - Treat everybody with respect
 - Form and build positive relationships

- Understand the reasons for rules, and their responsibility to keep them
 - Learn about their responsibility in caring for others
 - Be active in their own learning
 - Be active within their community
 - Manage money well
 - Keep safe online
 - Self-assess and identify their strengths and weaknesses
 - Know how to make emergency calls
 - Know basic First Aid
 - Work collaboratively and respectfully
 - Appreciate diversity
 - Empathise with other points of view
 - Express opinions clearly
 - Understand the changes that occur in puberty
 - Develop strategies for managing changing emotions
6. Teachers use the non-core subject assessment sheet and class book at the end of each sequence of learning for assessment purposes and establishing the next steps in learning.
 7. Self-assessment is encouraged for children to reflect and evaluate their own learning.

IMPACT

Through quality first PSHE teaching our children develop and demonstrate skills and attitudes that allow them to participate fully, and contribute positively, to life in modern Britain. Children learn to respect similarities and differences between our diverse cultures in order to build successful and meaningful friendships and relationships that are vital to the world we live in. The aim is for the children to meet the expectations of each year group and prepare them for Key Stage 3 PSHE by the time they leave our school.

Written by V Whelan December 2022

Approved by Governors December 2022